

# Age impacts on Outcomes of Children on Mechanical Ventricular Support

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## ABSTRACT

The aims of this study are to report the first largest French experience with ventricular assist device (VAD) in children and assess the influence of age on outcomes.

**Material and methods:** From 2005 to 2010, 16 patients aged <18 years, needed pulsatile ventricular mechanical support at Lyon University Medical Center. Clinical data, echocardiographic records and outcomes were reviewed.

**Results:** Seven females and 9 males, aged 0.3 to 16 years (med 2.3), were implanted with ulsatile VAD ( $\leq 2$ years: 8 and  $>2$ years: 8); 6 with left ventricular support and 10 biventricular, for either cardiogenic shock with cardiac arrest in 4, or uncontrolled low cardiac output in 12. Underlying cardiac diseases included: 14 dilated cardiomyopathies, 1 acute myocarditis and 1 post-ischemic. Median hospital stay prior to implantation was 13days. Seven of 8 patients  $\leq 2$ years (87.5%) and 50% of those  $>2$ years were on mechanical ventilation prior to assistance ( $p=0.10$ ). Duration of support was 6 to 125days (med 37). Eleven patients were extubated while on support (68.7%). Five infants, all < 18 months of age, experienced stroke due to cerebral embolia (30%), 3 had an hemorrhagic complication. Four patients died on support (25%), at 8th, 23rd, 60th and 108th day, from sepsis, multivisceral embolia, hemorrhage and canula rupture respectively, from those 3 ranged in the youngest group. Two patients were successfully weaned off support at 19th and 37th day (12.5%), 10 underwent heart transplantation (62.5%).

**Conclusion:** Although the thrombo-embolic risk and mortality on support are significantly higher in patients less than 2years of age, our experience of pulsatile VAD in children shows overall survival rates of 75%.

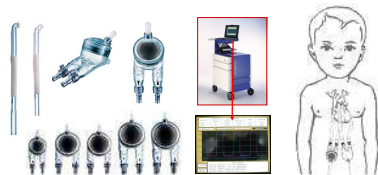
## BACKGROUND

Mechanical ventricular support (ventricular assist device : VAD) can provide hemodynamic support in children with end-stage uncontrolled heart failure due to ventricular pump dysfunction, either to wait for recovery or as a bridge to heart transplantation.

The aim of this study was to review the largest French experience with VAD in the pediatric population to assess outcomes and prognosis.

## MATERIAL and METHODS

From 2005 to 2010 Patients less than 18 years of age at implantation Pulsatile mechanical ventricular assist device with: Berlin Heart Excor® or Thoratec® Retrospective review of: demographic, clinical, echocardiographic, biological data and outcomes Patients were divided in 2 groups according to age at the time of VAD implantation :  $\leq 2$  years and  $> 2$  years , to compare outcomes and prognosis



## RESULTS

N= 16, 7F / 9M

Age : 0.3 to 16y, median 2.3y

Groups of age

$\geq 2$ years = 8 cases  
 $> 2$ years = 8 cases

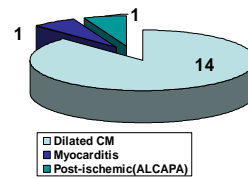
Type of support

LV support (LVAD) : 6  
RV + LV support (BIVAD) : 10

Indication

Cardiogenic shock/arrest : 4  
Uncontrolled low CO : 12

Underlying cardiac disease

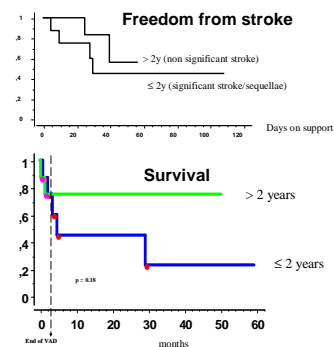
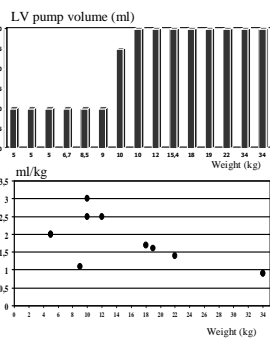


## Pre-VAD status

Variable	Mean	SD	Min/Max	Median
LVEF %	20.7	7	8 / 30	20.5
LVSF %	13.2	4.5	4 / 23	12.5
VTI (cm)	7.7	2.1	3 / 11	8
Creatinemia ( $\mu\text{M/l}$ )	69.4	28.3	35 / 119	62.5
Bilirubinemia (mM/l)	22.9	22.5	6 / 85	13
Prothrombin Time %	51.2	14.5	32 / 80	49
Factor V %	61.6	26.4	16 / 100	62
pH	7.40	0.1	7.30 / 7.50	7.40
Lactates mM/l	3.1	2.9	0.8 / 11	2
SvO2 %	39.6	14.3	28.6 / 68	34.5

## Outcomes

	Total (N= 16)	Group $\leq 2$ years (N= 8)	Group $> 2$ years (N= 8)	p
Inotrope support on VAD	8.4 $\pm$ 8.2 d (med: 7)	8.6 $\pm$ 4.5 d (med: 7)	8.1 $\pm$ 11.3 d (med: 6)	0.92
MVS on VAD	10 $\pm$ 9.5 d (med: 7)	11.6 $\pm$ 11.1 d (med: 7)	8.5 $\pm$ 8.6 d (med: 6)	0.54
NO : 8 patients	8.5 $\pm$ 8.5 d (med 6.5)	4.7 $\pm$ 2.2 d (med 5)	12.2 $\pm$ 11.3 d (med 8)	0.24
Extubation on VAD	11 (68.7%)	4 (50%)	7 (87.5%)	0.1
Significant TE event	4 (25%)	4 (50%)	0 (0%)	0.02
Infection	10 (62.5%)	3 (37.5%)	7 (87.5%)	0.03
Weaned off	2 (12.5%)	1 (12.5%)	1 (12.5%)	0.9
Transplanted	10 (62.5%)	4 (50%)	6 (75%)	0.20
VAD change	5 (31.2%)	4 (50%)	1 (12.5%)	0.1
Duration of VAD (days)	42.8 $\pm$ 33.4 (med: 37)	46.8 $\pm$ 34.8 (med: 37)	43.8 $\pm$ 34.3 (med: 36)	0.87
Death on VAD	4 (25%)	3 (37.5%)	1 (12.5%)	0.18
Overall outcome (death)	7 (46.7%)	5 (62.5%)	2 (25%)	0.07



## CONCLUSION

Although the thrombo-embolic risk and mortality on support are significantly higher in patients less than 2 years of age, our experience of pulsatile VAD in children shows overall survival rates of 75%.