What to do if Employees test positive from a self-administered PoC antigen test or a rapid test at a testing station

1. Information

Inform your supervisor immediately by e-mail or telephone, and inform the corona crisis management team under corona@uni-kiel.de.
- Have the documentation about your days of attendance over the past 14 days digitally available.
- Remember any work materials you need in order to work from home, in case you need to go into quarantine without symptoms.

2. Isolation at home

If you test positive from a rapid test you are a suspected case and must immediately make your way directly home for isolation/quarantine.
- While isolated at home you must protect yourself and other members of your household. Avoid physical contact, keep your distance and apply the rules of hygiene.
- You can find additional rules on what to do when isolating at home here: www.uni-kiel.de/en/coronavirus/corona-rapid-test

3. PCR-Test

You may leave your home once and only in order to conduct a PCR test when under quarantine. You are obliged to conduct this test to verify the result of the rapid test. Do not turn up to a test appointment without registering beforehand.
The following applies for your journey to and from the PCR test:
- Continuously wear a surgical mask or FFP2 mask.
- Do not use public transport to travel to or from the PCR test.
- You must take the most direct route without any stops.

Where? Contact your GP by telephone to arrange a swab for a PCR test. You can also contact your local health authority and let them know that you have tested positive from a rapid test. You can usually contact them by e-mail.
Your GP or health authority will refer you to a PCR testing station. In accordance with Section 4b of the Coronavirus Testing Ordinance you are entitled to one of these tests for free.

Some private service providers offer PCR tests for a fee. This is generally only relevant for people who need to provide a negative PCR test for upcoming travel reasons.

4. If your PCR test is positive, you must inform the university immediately.

- If you have an asymptomatic corona infection, you are obliged to continue to work, providing this is possible when in isolation (e.g. from home).
- If you have symptoms, you can get a certificate of incapacity to work (Arbeitsunfähigkeitsbescheinigung) and take sick leave.
- Follow the “reporting trail for lab-confirmed coronavirus infections”

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