What to do if Employees and students test positive from a self-administered PoC antigen test or a rapid test at a testing station

1. Information

Inform your supervisor or lecturer immediately by e-mail or telephone, and inform the corona crisis management team under corona@uni-kiel.de.

Employees:
- Remember any work materials you may need in order to work from home, in case you receive a positive PCR test result without symptoms.

2. Quarantine at home

If you test positive from a rapid test you are a suspected case and must immediately make your way directly home for quarantine.
- While being at home in quarantine you must protect yourself and other members of your household.
  - Avoid physical contact, keep your distance and apply the rules of hygiene.
- You can find additional rules on what to do when being at home in quarantine here (in German).

3. PCR-Test

You may leave your home once and only in order to conduct a PCR test when under quarantine. According to the regulations of the State of Schleswig-Holstein you are obliged to conduct this test to verify the result of the rapid test. Do not turn up to a test appointment without registering beforehand.

The following applies for your journey to and from the PCR test:
- Continuously wear a surgical mask or FFP2 mask.
- Do not use public transport to travel to or from the PCR test.
- You must take the most direct route without any stops.

Where?
- Contact your GP by telephone to arrange a swab for a PCR test. Alternatively, you can contact the medical on-call service on the telephone number 116 117. In accordance with Section 4b of the Coronavirus Testing Ordinance you are entitled to these tests for free.

4. If your PCR test is positive, you must inform the university immediately.

Follow the “reporting trail for lab-confirmed coronavirus infections”

Employees:
- If you have an asymptomatic corona infection, you are obliged to continue to work, providing this is possible when in isolation (e.g. from home).
- If you have symptoms, you can get a certificate of incapacity to work (Arbeitsunfähigkeitsbescheinigung) and take sick leave.