**Recommendations for CAU students**

**Signs of illness: can I go to university?**

<table>
<thead>
<tr>
<th>You have ...</th>
<th>You are acutely ill and have ...</th>
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<tbody>
<tr>
<td>a simple cold / a runny nose / a tickly throat / a slight, occasional cough</td>
<td>fever (above 38.0° C; please measure accurately and often) and / or muscle and joint pain</td>
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<tr>
<td>NO REASON TO STAY AT HOME</td>
<td>a dry cough and / or sore throat (not from a chronic illness you are aware of such as asthma)</td>
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<tr>
<td></td>
<td>lost your sense of smell and / or taste (not in combination with a cold)</td>
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</tbody>
</table>

at least one of the signs of illness listed above

**Do you need to see a doctor?**

Telephone your GP or call the medical on-call service under 116 117

**Stay home for 24 hours for observation**

**A good general condition of health and no other signs of illness have appeared**

**You can come back to university!**

Generally, it is not necessary to provide evidence of no infection or a medical certificate to come back to a facility.

**Important! If additional signs of illness appear while you are at the CAU, then:**

If you have acute signs of illness, please contact your local GP or the on-call hotline under 116 117 (24/7) to quickly establish whether you have the coronavirus. If you suspect you might have the virus, do not go directly to the doctor or A&E in person. The point is to get back home without infecting anyone else.

Date: 04.11.2020